NAME: GRADE:

## SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday	
2 LABOR DAY <b>NO SCHOOL</b>	3 B Chicken tenders Rice pilaf Sweet corn & Fruit	4 B Meatball sub Mozzarella sticks Veggie sticks w/ dip & Fruit	5 B Haddock sticks Mac and cheese Salad bar & Fruit	6 B Pepperoni or cheese pizza Salad, Fruit Dessert	AVS is an equal opportunity employer.  Menu is subject to change.
9 B Teriyaki chicken Buttered noodles Green beans & Fruit	Cheeseburger Fries Salad bar & Fruit	11 B French toast sticks Sausage links Carrot sticks w/ dip & Fruit Open House	Sliced turkey w/ gravy Stuffing Sweet corn & Fruit	13 B Pepperoni or cheese pizza Salad, Fruit Dessert	Prices: Full: \$2.75 Reduced: \$.40 Milk only: \$.50
Spaghetti & meatballs Cheesy breadstick Salad bar & Fruit	BBQ chicken Smile fries Baby peas & Fruit	18 B Bacon & cheese quiche Hashbrowns Steamed broccoli & Fruit	19 B Shepherd's pie Cornbread & Fruit	20 B Pepperoni or cheese pizza Salad, Fruit Dessert	Adult: \$4.75  Breakfast: \$1.50  Meal includes salad bar.  Low-fat white milk
23 B Hot dog w/ bun Baked beans & Fruit Sch Cmm Mtg 5PM	24 B 4 cheese lasagna Garlic bread Caesar salad & Fruit	25 B Make your own ham Italian Chips Salad bar & Fruit	26 B Mexican pizza Tortilla chips w/ salsa Sweet corn & Fruit	TEACHER WORKSHOP DAY NO SCHOOL	served daily. Chocolate milk on Wednesday. Daily choice of posted
30 B Grilled cheese Chicken noodle soup & Fruit					entrée, or assorted low- fat yogurt.  Circle "B" for breakfast.

**BREAKFAST:** Milk and juice available every day. **Monday:** muffin, cheese stick, and fruit **Tuesday:** cereal kit **Wednesday:** breakfast bar kit **Thursday:** cereal kit **Friday:** sausage pancake stick, cheese stick, fruit

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