

NAME:
GRADE:

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday	
2 LABOR DAY NO SCHOOL	3 Chicken tenders B Rice pilaf Sweet corn & Fruit	4 Meatball sub B Mozzarella sticks Veggie sticks w/ dip & Fruit	5 Haddock sticks B Mac and cheese Salad bar & Fruit	6 Pepperoni or cheese B pizza Salad, Fruit Dessert	<p>AVS is an equal opportunity employer. Menu is subject to change.</p> <p>Prices: Full: \$2.75 Reduced: \$.40 Milk only: \$.50 Adult: \$4.75 Breakfast: \$1.50</p> <p>Meal includes salad bar. Low-fat white milk served daily. Chocolate milk on Wednesday. Daily choice of posted entrée, or assorted low-fat yogurt.</p> <p>Circle "B" for breakfast.</p>
9 Teriyaki chicken B Buttered noodles Green beans & Fruit	10 Cheeseburger B Fries Salad bar & Fruit	11 French toast sticks B Sausage links Carrot sticks w/ dip & Fruit Open House	12 Sliced turkey w/ gravy B Stuffing Sweet corn & Fruit	13 Pepperoni or cheese B pizza Salad, Fruit Dessert	
16 Spaghetti & B meatballs Cheesy breadstick Salad bar & Fruit Sch Cmm Mtg 5PM	17 BBQ chicken B Smile fries Baby peas & Fruit	18 Bacon & cheese B quiche Hashbrowns Steamed broccoli & Fruit	19 Shepherd's pie B Combread & Fruit	20 Pepperoni or cheese B pizza Salad, Fruit Dessert	
23 Hot dog w/ bun B Baked beans & Fruit	24 4 cheese lasagna B Garlic bread Caesar salad & Fruit	25 Make your own B ham Italian Chips Salad bar & Fruit	26 Mexican pizza B Tortilla chips w/ salsa Sweet corn & Fruit	27 TEACHER WORKSHOP DAY NO SCHOOL	
30 Grilled cheese B Chicken noodle soup & Fruit					

BREAKFAST: Milk and juice available every day. **Monday:** muffin, cheese stick, and fruit **Tuesday:** cereal kit **Wednesday:** breakfast bar kit **Thursday:** cereal kit **Friday:** sausage pancake stick, cheese stick, fruit

Cut here return to School

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