

NAME:  
GRADE:

# OCTOBER 2020

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |  |
|--|---|--|---|--|--|
|  |   |  | 1<br>Egg Salad Roll<br>Potato Skins with Cheddar & Bacon<br>Fruit / Milk                              | 2<br>Pepperoni or Cheese Pizza<br>Caesar Salad / Fruit<br>Dessert, Milk  | <p>AVS is an equal opportunity employer.<br/>Menu is subject to change.</p> <p><b>Prices:</b></p> <p>Full: \$2.75<br/>Reduced: \$.40<br/>Milk only: \$.50</p> <p>Adult: \$4.75<br/>Breakfast: \$1.50</p> <p>Meal includes salad bar.</p> <p>Low-fat white milk served daily.</p> <p>Chocolate milk on Wednesday.</p> <p>Daily choice of posted entrée, or assorted low-fat yogurt.</p> <p><b>Circle "B" for breakfast.</b></p> |
| 5<br>Un crustables, Sun Chips<br>Carrot Sticks & Dip<br>Fruit / Milk<br><b>5<sup>th</sup> &amp; 8<sup>th</sup> have Ham &amp; Cheese</b> | 6<br>Meatball Calzone<br>Cucumbers + Dip<br>Fruit / Milk                | 7<br>Nachos, Cheese<br>Taco Meat, Olives<br>Salsa & Sour Cream<br>Fruit / Milk | 8<br>Turkey, Cheese,<br>Lettuce & Ranch Wrap<br>Sun Chips, Pickles<br>Fruit / Milk                    | 9<br>Pepperoni or Cheese Pizza<br>Caesar Salad / Fruit<br>Dessert, Milk  |  |
| 12<br><b>Indigenous Peoples' Day</b><br><b>NO SCHOOL</b>   | 13<br>Hot Dog / Bun<br>Mac & Cheese<br>Fruit / Milk                     | 14<br>Cheese Lasagna<br>Cucumbers & Dip<br>Fruit / Milk                        | 15<br>Chicken Parmesan<br>Cheesy Garlic Bread<br>Cucumbers & Dip<br>Fruit / Milk                      | 16<br>Pepperoni or Cheese Pizza<br>Caesar Salad / Fruit<br>Dessert, Milk |  |
| 19<br>Bacon Topped Mac & Cheese<br>Green Beans<br>Fruit / Milk   | 20<br>Chicken Tenders<br>Rice Pilaf<br>Butternut Squash<br>Fruit / Milk | 21<br>Spaghetti & Meatballs<br>Cheesy Garlic Bread<br>Fruit / Milk             | 22<br>French Toast Sticks<br>Sausage Links<br>Fruit, Milk, Orange Juice<br><b>11:30 Early Release</b> | 23<br>Pepperoni or Cheese Pizza<br>Caesar Salad / Fruit<br>Dessert, Milk |  |
| 26<br>Grilled Cheese Sandwich<br>Tomato Soup<br>Fruit / Milk   | 27<br>Cheeseburger/Bun<br>Tater Tots<br>Pickles<br>Fruit / Milk         | 28<br>Chicken Alfredo over Pasta<br>Baby Peas<br>Fruit, Milk                   | 29<br>Hot Dog / Bun<br>Sweet Fries<br>Fruit / Milk  | 30<br>Pepperoni or Cheese Pizza<br>Caesar Salad / Fruit<br>Dessert, Milk |  |

**BREAKFAST:** Will be posted daily

Cut here return to School