

NAME:
GRADE:

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday	
	1 B Tacos/Seasoned Beef & Cheddar Cheese Salad Bar Fruit	2 B Honey Ham Sandwich Deviled Eggs Veggie Sticks & Fruit	3 B Chicken, Bacon, Lettuce, & Ranch Pocket Sweet Corn & Fruit	4 B Pepperoni or Cheese Pizza Salad, Fruit Dessert	<p>AVS is an equal opportunity employer. Menu is subject to change. Prices: Full: \$2.75 Milk only: \$.50 Adult: \$4.75 Breakfast: \$1.50 Low-fat white milk served daily. Chocolate milk on Wednesday. Daily choice of posted entrée, or assorted low-fat yogurt. Circle "B" for breakfast.</p>
7 B Meatloaf, Baked Potato & Gravy Buttered Green Beans / Fruit *Seniors to Lunch	8 B Haddock Fish Sticks Mac & Cheese Baby Peas Fruit	9 B Bacon, Egg & Cheese on English Muffin Hashbrown Patty Cucumbers & Fruit	10 B Chicken Alfredo Over Pasta Salad Bar Fruit	11 B Pepperoni or Cheese Pizza Salad, Fruit Dessert	
14 Indigenous Peoples' Day NO SCHOOL	15 B Chicken & Cheese Quesadilla Tortilla Chips & Salsa Fruit	16 B Bacon Cheeseburger Sweet Fries Mixed Veggies/Fruit	17 B Cheese Ravioli/Sauce Dinner Roll Salad Bar & Fruit	18 B Pepperoni or Cheese Pizza Salad, Fruit Dessert	
21 B Chicken Tenders Broccoli & Cheese Sauce Dinner Roll & Fruit	22 B American Chop Suey Cheesy Breadstick Salad Bar Fruit	23 B Stuffing Topped Chicken Pot Pie Salad Bar Cranberry Sauce	24 B French Toast Sticks Bacon Strips Veggie Sticks/Fruit 11:30 Parent-Teacher Conferences	25 TEACHER WORKSHOP DAY NO SCHOOL	
28 B Lasagna/Meatsauce Garlic Breadstick Salad Bar/Fruit Sch Cmm Mtg 5PM	29 B Grilled Cheese Sandwich Chicken Noodle Soup Salad Bar & Fruit	30 B Hot Dog / Bun Baked Beans Fruit	31 B Spaghetti & Sauce Dinner Roll Caesar Salad & Fruit Happy Halloween!		

BREAKFAST: Will be posted daily

Cut here return to School